



HEREFORD ROWING CLUB

Junior Learn to Row/Scull Course Spring 2024

We are running a learn to row/scull course for juniors in spring 2024. This will comprise of an intensive course over 5 days 1st – 5th April 2024. If your child is keen and able to attend on these dates, please complete this form and return to juniorcoach@herefordrc.co.uk We hope that your child will be able to attend the whole week for continuity of training though appreciate this may not always be possible. We will spend part of one day in a local swimming pool doing swimming and capsizing drills (compulsory for health and safety reasons). Friday is 'race day' to allow the children to showcase their progress from Monday.

Course fees are £15/day. Payment is required at least one month before the course commences. Places will be confirmed by 01/03/2024. At the end of the course, if your child wishes to continue their rowing experience and join our club with full rowing membership, the £75 payment will be reimbursed towards the first (annual pro rata) membership subscription. Full Junior & Student Membership is currently £179, which will be calculated on pro rata basis dependent upon when the application for membership is received & approved by Committee.

Full name:

Date of birth:

School:

Details of any previous rowing experience:

Able to attend all days of the course? Yes No

Parent/Guardian name:

Parent/Guardian contact telephone number:

Parent/Guardian email:

We look forward to welcoming you to Hereford Rowing Club and wish you a successful and enjoyable Learn to Row/Scull experience.

Coaches – Junior Squad
Hereford Rowing Club
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